

A place for me at home

Try and make a place where **YOU** can be **YOU**. **A place where you can:**



- Feel **safe**
- Take **time out**
- Keep **your stuff**
- Do your homework in **peace**
- Have the best chance of **good sleep** (another Resilient Move)

Be here, be you, belong

A place for me at school

School should be a place where **you** feel **safe** and like **you belong**.



- **Is there is a quiet space** inside or outdoors where students can find a bit of peace and quiet, when they need it?
- Does your **tutor room** feel like somewhere **welcoming, accessible, comfortable and safe** for you and your classmates?
- Are there places in school that **don't** feel safe or welcoming?

Could something be done about it?

Try talking to your student support team or the school council.