

Stand up, speak out

Be someone who...

- **Stands up for themselves**
- **Stands up for others**, so everyone can feel safe
- **Calls out sexism, homophobia, racism, and bullying/teasing**
- **Remembers everyone is different and unique** (including you!)
- **Thinks about how you'd like people to treat you and treats others that way (with dignity, respect and kindness)**

