

Understanding belonging

Belonging is having somewhere where **YOU** can be **YOU** and feel **seen**, feel **heard** and feel **safe**.

- Where do you **belong**?
- **How can those around you support you to belong...** in your school, neighbourhood, and community?
- **We want Cornwall to be ‘a brilliant place to be a child and grow up’.** How can we support and involve you, and build your sense of belonging?

Be here, be you, belong

Belonging is different from ‘fitting in’...

“ Fitting in is about looking at a situation and becoming who you need to be, to be accepted. Belonging, on the other hand, doesn’t require us to change who we are; it requires us to be who we are. ”

Brene Brown

