

What's 'brave' ?

What do you think 'being brave' is?

Is it about superheroes saving the world, or lifeguards rescuing people from the sea, or soldiers fighting for justice and peace? **OR is it about...**

Joining a club,
even if you're really nervous about talking to new people?

Getting out of bed in the morning?

Trying something new?

Change?

Asking for help?

Standing up to a bully?

